

Urban Gardening is Growing!

Gardening can be inexpensive, fun and a great family activity. These workshops will cover a wide range of topics, from houseplants to starting seeds indoors. Saturdays from 12-1 pm.

January 28 Winton Road Branch Library

611 N. Winton Road

February 4 Maplewood Branch Library

1111 Dewey Avenue

February 11 Arnett Branch Library

310 Arnett Boulevard

February 18 Charlotte Branch Library

3557 Lake Avenue

February 25 Lincoln Branch Library

851 Joseph Avenue

Look for details on additional gardening workshops this winter on the City's website.

Scout Out Nature in Our Big Backyard

During the winter school break, bring the family and look for birds, wildlife tracks and other signs of nature in Rochester's beautiful parks.

Weekdays, 1-2 pm:

Tuesday, February 21: El Camino Trail Park at the corner of Clifford & Conkey

Wednesday, February 22: Genesee Valley Park. Meet outside the Genesee Waterways Center at the back of the Genesee Valley ice rink parking lot near the river.

Thursday, February 23: Meet outside the Highland Park Conservatory



Questions? Call 311. Outside the City Call 428-5990



















Discover the Beauty of Winter!

Enjoy the great outdoors. Have a blast at the Lakeside Winter Celebration! Trade your boots in for snowshoes! Enter a winter gardening contest! Shop for fresh produce or attend work shops and learn how to grow your own fresh foods. Have fun, get in shape or just make some new friends along the way.

Let's Skate! Outdoor Ice Skating

Manhattan Square Park, 353 Court St., 428–7541 **Open Skate**: Monday–Friday 12:00–1:30 pm, 3:40–5:10 pm 5:30–7:00 pm, also Tues–Thurs. 7:20–8:50 pm (if not reserved)

Adult Skate: Monday–Friday, 1:50–3:20 pm.

Indoor Ice Skating

Genesee Valley Park 131 Elmwood Ave., 428–7889

Open Skate: Sunday 2:30-3:45 pm,

Monday-Friday 12:00-1:15 pm, Saturday 5:00-6:15 pm

Adult Skate: Tuesday-Thursday 10:30-11:45 am,

Friday 10:00-11:15 am

Fees for both indoor & outdoor skating, adults-\$5, 17 & under-\$2, Families-\$14, Season Pass for Manhattan-\$60, Season Pass for Genesee Valley-\$125.

City rinks offer winter season activities including figure skating lessons, broom ball, ice hockey & more. Group rentals available.

Snow Cheap Trail Race Series

Wednesdays: 6:45 pm registration
7:15 pm, race start
Dec. 21, Jan. 4, Jan. 18, Feb. 1,
Feb. 15 & Feb. 29.

Meet at Lake Riley Lodge, Norris Dr. & Culver Rd., Cobbs Hill Park. Preregistration required no later than 6:45 pm on the day of race. Races will be held snow or no snow, snowshoes or no snowshoes. Post-race party, door prizes and fun!

Regular price: One race is \$10; entire series \$45.

Bring or mail registration to Fleet Feet Sports. To register online go to www.fleetfeetrochester.com, under events scroll to Snow Cheap Trail Race Series, print application.

Snowshoes for rent at Fleet Feet Sports, 2210 Monroe Ave., 732–1090 and the City of Rochester Bureau of Recreation, 400 Dewey Avenue 428–6755. Reserve yours at registration (limited rental). Head lamps required.







Winter Garden Contest **Enter to win by February 29**

Any gardener may nominate his/her own garden or a neighbor's garden. Recognition and prizes will be awarded for Best Winter Garden. Judging is based on the use of colors, textures.

structures and other winter plant characteristics. For more information go to: www.cityofrochester.gov/ gardencontest

Garden entry information to include: pictures, address, contact person, phone number & e-mail to thomasmi@cityofrochester.gov or mail garden entries to 400 Dewey Ave. Rochester, NY, 14613.



Barking Up The Right Trees

Learn how to identify 10 different species of trees, just from their bark and branches! We'll wander among the mighty giants of the Washington Grove forest at Cobb's Hill Park. Your guide, Peter Debes will help with identification and clues about past lighting strikes and ice storms. You'll also see how the City is working to protect the Grove and control invasive species such as Norway maples.

Saturday, Jan.14, 10-11:30 am. Take the road up to the Reservoir off Highland Avenue. Meet by the pine trees at the top of the hill.

Lakeside Winter Celebration Sunday, February 12, 11 am-4 pm Join us at Ontario Beach Park for an outstanding winter celebration, including the 3rd Annual Lake Ontario Ice Wine Festival.



- Outdoor Children's Games
- Chilly Chili Challenge
- Snow Sculpture Contest
- 12th Annual Polar Plunge (Fundraiser for the NY Special Olympic)

- · Frostbiter's Sailboat Racing
- Horse-Drawn Carriage
- Dog Sled Demo



There are many other opportunities to learn about growing flowers and vegetables this winter. Check out these websites:

Cornell Cooperative Extension of Monroe County: www.MYCCE.org/Monroe

Rochester Civic Garden Center: www.RCGC.org

NOFA-NY: www.NOFANY.org

Rochester Roots: www.RochesterRoots.org





Saturday City Snowshoe Hikes

Learn the basics of walking on the snow in snowshoes while discovering the beauty of the outdoors in winter. Look for the Rec on the Move van at some of these Saturday activities. Snowshoes provided FREE. Saturdays, 1–3 pm:

January 7 Campbell Street Community Center 524 Campbell Street

January 14 Avenue D Community Center 200 Avenue D

January 21 South Avenue Community Center 999 South Avenue

January 28 Edgerton Community Center 41 Backus Street

February 4 Flint Street Community Center 271 Flint Street

February 11 David F. Gantt Community Center 700 North Street

February 18 Adams Street Community Center 85 Adams Street

February 25 Carter Street Community Center 500 Carter Street

Try snowshoeing out on your own at any time: Snowshoe Rentals –
City Recreation, 400 Dewey Ave.,
9 am-4:30 pm, Mon.-Fri. except holidays, \$10 per weekend,
\$25 for families. For more information, call 428-6755.



280 N. Union Street, Open: Tuesday & Thursday, 6 am-1 pm & Saturday, 5 am-3 pm. Watch for the return of the market shuttle in the spring. www.cityofrochester.gov/publicmarket

The Winter Farmers Market

Cornell Cooperative Extension, 249 Highland Avenue, Wednesdays, 3–6 pm through May.





Explore all the outdoors has to offer. Bring your family & friends for a wonderful winter hike.
Snowshoes available for the hike at no charge.

Sundays, 1-2:30 pm:

January 7 Pulaski Park, meet at the corner of Avenue D & Carter Street

January 15 Highland Park, meet in front of Conservatory

January 22 Turning Point Park, off Lake Ave. at the end of Boxart St.

January 29 Seneca Park Zoo parking lot – first lot, closest to St. Paul

February 5 Cobbs Hill Reservoir & Washington Grove, meet along fence at east end of reservoir

February 12 Lakeside Winter Celebration hike from Port Terminal building to Turning Point Park, meet outside terminal entrance.

February 19 Jones Park & Edgerton Park, meet near the corner of Plymouth Ave. & Lorimer St.

February 26 El Camino Trail, meet at the play ground at Clifford Ave. and Conkey Ave.

Next time you're at Wegmans look for the "Passport to Family Wellness" brochure. Inside the brochure you'll find information about trails in the region.



A year round environmental education program
connecting youth and
families to nature. Find out
about all our Earth Explorer
programs at your neighborhood recreation center.

